

TIME SCHEDULE

FRIDAY, MAY 21, 2010

TRACK EVENTS

<i>Time</i>	<i>Class</i>	<i>Event</i>	<i>Time</i>	<i>Class</i>	<i>Event</i>
1:00	Girls AA-AAA	100 m. dash (trials)	3:35	Girls AA-AAA	100 m. dash (semi-final)
1:25	Boys AA-AAA	100 m. dash	3:50	Boys AA-AAA	100 m. dash
1:55	Girls AA-AAA	100 m. hurdles (trials)	4:10	Girls AA-AAA	100 m. hurdles (semi-final)
2:20	Boys AA-AAA	110 m. hurdles	4:25	Boys AA-AAA	110 m. hurdles
2:45	Girls AA-AAA	200 m. dash (trials)	4:45	Girls AA-AAA	200 m. dash (semi-final)
3:10	Boys AA-AAA	200 m. dash	5:00	Boys AA-AAA	200 m. dash
			5:15	Girls AA-AAA	3200 m. run (FINAL)
			5:45	Boys AA-AAA	3200 m. run (FINAL)

QUALIFYING PROCEDURE - Runners will advance to the next round on **PLACE** and **TIME**.

FIELD EVENTS (FINAL)

<i>Time</i>	<i>Class</i>	<i>Event</i>	<i>Time</i>	<i>Class</i>	<i>Event</i>
12:00	Girls AA	Long Jump	3:00	Boys AAA	Pole Vault
	Boys AAA	High Jump			
	Boys AAA	Shot Put			
	Girls AA	Javelin	4:00	Girls AAA	Triple Jump
	Girls AA	Pole Vault		Girls AA	High Jump
				Boys AA	Discus
				Girls AAA	Javelin
2:00	Boys AAA	Long Jump			
	Boys AA	Triple Jump			
	Girls AA	Shot Put			
	Boys AAA	Discus			

TIME SCHEDULE

SATURDAY, MAY 22, 2010

TRACK EVENTS

<i>Time</i>	<i>Class</i>	<i>Event</i>
9:00	Girls AA-AAA	300 m. hurdles
9:25	Boys AA-AAA	300 m. hurdles
9:50	Girls AA-AAA	4 x 800 m. relay
10:40	Boys AA-AAA	4 x 800 m. relay
11:50		Lunch
12:15	Girls AA-AAA	100 m. hurdles
12:25	Boys AA-AAA	110 m. hurdles
12:35	Girls AA-AAA	100 m. dash
12:45	Boys AA-AAA	100 m. dash
12:55	Girls AA-AAA	1600 m. run
1:10	Boys AA-AAA	1600 m. run
1:25	Girls AA-AAA	400 m. dash
1:50	Boys AA-AAA	400 m. dash
2:20	Girls AA-AAA	4 x 100 m. relay
2:40	Boys AA-AAA	4 x 100 m. relay
3:00	Girls AA-AAA	800 m. run
3:20	Boys AA-AAA	800 m. run
3:40	Girls AA-AAA	200 m. dash
3:50	Boys AA-AAA	200 m. dash
4:00	Girls AA-AAA	4 x 400 m. relay
4:30	Boys AA-AAA	4 x 400 m. relay

(Boys events will immediately follow Girls in each event.)

FIELD EVENTS

<i>Time</i>	<i>Class</i>	<i>Event</i>
9:00	Boys AAA	Triple Jump
	Boys AA	Long Jump
	Girls AAA	Discus
	Boys AA	Javelin
	Girls AAA	Pole Vault
11:00	Girls AAA	Long Jump
	Boys AA	High Jump
	Boys AA	Shot Put
	Boys AAA	Javelin
1:00	Girls AA	Triple Jump
	Girls AAA	High Jump
	Girls AAA	Shot Put
	Girls AA	Discus
	Boys AA	Pole Vault

QUALIFYING PROCEDURE: Top nine (9) competitors will advance to the finals.