

DISTRICT III SWIMMING

Order of Events and Approximate Time Schedule At Cumberland Valley High School

FRIDAY, MARCH 5, 2010

Boys & Girls AA		Boys & Girls AAA
11:00 A.M.	Coaches May Enter Deck Area	4:00 P.M.
11:20 A.M.	Swimmers May Enter Locker Rooms	4:20 P.M.
11:30 – 12:15 P.M.	Warm-Ups	4:30 – 5:15 P.M.
***11:00 A.M.	Officials Meeting	4:30 P.M.
11:45 A.M.	Ticket Sales Begin / Spectators Enter Pool	4:45 P.M.
11:50 A.M.	Coaches Meeting	4:50 P.M.
12:30 P.M.	Girls 200 Medley Relay	5:30 P.M.
12:36 P.M.	Boys 200 Medley Relay	5:36 P.M.
12:42 P.M.	Girls 200 Freestyle	5:42 P.M.
12:52 P.M.	Boys 200 Freestyle	5:52 P.M.
1:02 P.M.	Awards – Girls & Boys Medley Relay	6:00 P.M.
1:07 P.M.	Girls 200 Individual Medley	6:05 P.M.
1:18 P.M.	Boys 200 Individual Medley	6:16 P.M.
1:30 P.M.	Awards – Girls & Boys 200 Free	6:27 P.M.
1:35 P.M.	Girls 50 Freestyle	6:32 P.M.
1:41 P.M.	Boys 50 Freestyle	6:38 P.M.
1:47 P.M.	Awards – Girls & Boys 200 IM	6:44 P.M.
1:52 P.M.	Ten Minute Break	6:49 P.M.
2:00 P.M.	Girls 100 Fly	6:54 P.M.
2:08 P.M.	Boys 100 Fly	7:02 P.M.
2:16 P.M.	Awards – Girls & Boys 50 Free	7:10 P.M.
2:21 P.M.	Girls 200 Freestyle Relay	7:15 P.M.
2:27 P.M.	Boys 200 Freestyle Relay	7:21 P.M.
2:33 P.M.	Awards – Girls & Boys 100 Fly & 200 Free Relay	7:27 P.M.
3:00 P.M.	Clear Pool	7:36 P.M.

SATURDAY, MARCH 6, 2010

Boys & Girls AA		Boys & Girls AAA
8:00 A.M.	DOORS OPEN	
8:30 A.M.	Coaches May Enter Deck Area	1:00 P.M.
8:50 A.M.	Swimmers May Enter Locker Rooms	1:20 P.M.
9:00 A.M.– 9:45 A.M.	Warm – Ups	1:30 P.M. – 2:15 P.M.
9:00 A.M.	Officials Meeting	1:50 P.M.
9:15 A.M.	Ticket Sales Begin / Spectators Enter Pool	1:45 P.M.
9:35 A.M.	Coaches Meeting	2:05 P.M.
10:00 A.M.	Girls 100 Freestyle	2:30 P.M.
10:08 A.M.	Boys 100 Freestyle	2:37 P.M.
10:16 A.M.	Girls 500 Freestyle	2:46 P.M.
10:30 A.M.	Boys 500 Freestyle	3:05 P.M.
10:56 A.M.	Awards – Girls & Boys 100 Free	3:25 P.M.
11:01 A.M.	Girls 100 Backstroke	3:30 P.M.
11:10 A.M.	Boys 100 Backstroke	3:39 P.M.
11:19 A.M.	Awards – Girls & Boys 500 Free	3:47 P.M.
11:24 A.M.	Girls 100 Breaststroke	3:52 P.M.
11:33 A.M.	Boys 100 Breaststroke	4:01 P.M.
11:42 A.M.	Awards – Girls & Boys 100 Back	4:10 P.M.
11:47 A.M.	Ten Minute Break	4:20 P.M.
11:57 A.M.	Girls 400 Free Relay	4:30 P.M.
12:08 P.M.	Boys 400 Free Relay	4:40 P.M.
12:16 P.M.	Awards – Girls & Boys 100 Breast & 400 Free Relay	4:50 P.M.
12:40 P.M.	Clear Pool – Team Awards	5:15 P.M.